



# MILLERSVILLE TRACK & FIELD RECORDS

## MILLERSVILLE METRICS RECORDS

Event	Name(s)	School	Time/Distance	Year
100 Meters	Gerald Mack	Millersville	10.66	1996
200 Meters	Eddie Arnold	Millersville	21.54	1990
400 Meters	Mike Spangler	Susquehanna	47.22	1985
800 Meters	Tom Burgoon	Towson	1:51.85	1994
1,500 Meters	Stephen Monaco	Franklin & Marshall	3:50.72	1991
5,000 Meters	Larry Levy	Millersville	14:55.09	1987
10,000 Meters	Tim Groff	Millersville	30:44.9	1980
110-Meter Hurdles	Dave Osanitsch	Shippensburg	14.43	1995
400-Meter Hurdles	Matt Collins	Rutgers-Camden	53.11	2002
3,000-Meter Steeplechase	Tom Welsh	Baptist Bible	9:13.7	1986
4x100-Meter Relay	Brandon Mercer Keith Parker-Washington Brett Yeomans			
4x400-Meter Relay	Eddie Burgess	East Stroudsburg	41.82	2013
	Walker Walden Boileau Spangler	Susquehanna	3:16.20	1986
4x800-Meter Relay	Bryan Andrews Derek Pawlush Greg Olenginski Luke Olenginski	Franklin & Marshall	8:03.23	2013
High Jump	Darryl Pitt	Essex CC	2.09m	1987
	Ed Warner	UMBC	2.09m	2001
Long Jump	Herman Kirkland	adidas Garde	7.68m	2014
Triple Jump	Joe Aiken	Millersville	15.07m	1985
Pole Vault	Paul Schmitt	Kutztown	5.18m	2000
Shot Put	Grant Smith	Shippensburg	17.21m	2014
Discus	Shawn Mathews	Bucknell	51.75m	2014
Hammer Throw	Chris Boutsikaris	Unattached	59.0m	2010
Javelin	Matt Tholis	East Stroudsburg	67.69m	2013

### Year-By-Year Winners

Year	Team	Points
1995	Shippensburg	119
1996	Shippensburg	94
1997	Shippensburg	99
1998	Millersville	95
1999	Shippensburg	94
2000	Kutztown	107
2001	Shippensburg	120
2002	Shippensburg	115
2013	East Stroudsburg	117.5
2014	Shippensburg	108.5

### 1979

Event	Champion	School	Time/Distance
1,500 Meters	Alan Weiger	Kutztown	4:00.72
10,000 Meters	Ed Runkle	Millersville	30:57.74
100-Meter Hurdles	John Langaford	ST	14.99
400-Meter Hurdles	Bob McMelly	Juniata	53.36
3,000-Meter Steeplechase	Ed Heston	Millersville	9:46.61
4x100-Meter Relay		Millersville	42.71
4x200-Meter Relay		Kutztown	1:30.25
4x400-Meter Relay		Millersville	3:21.21
4x800-Meter Relay		Millersville	7:51.50
Sprint Medley		Trenton	3:30.90
Distance Medley		Millersville	10:16.76
High Jump	Howard	Millersville	6-6

Long Jump	Robb Riddick	Millersville	22-2 1/4
Triple Jump	Robb Riddick	Millersville	43-6
Pole Vault	Chad Carmack	Millersville	14-0
Shot Put	Steve Brown	Millersville	50-4 1/2
Discus	Steve Roger	Millersville	163-0
Javelin	John Syslo	Trenton	196-1 1/2

### 1980

Event	Champion	School	Time/Distance
10,000 Meters	Timm Groff	Millersville	30:44.9
100-Meter Hurdles	Mark Tankersly	Delaware	14.6
400-Meter Hurdles	Tom Austin	Shippensburg	54.3
3,000-Meter Steeplechase	O-Brien	Mt. St. Mary's	10:00.6
4x100-Meter Relay		KSC	42.5
4x200-Meter Relay		Kutztown	1:30.9
4x400-Meter Relay		Millersville	3:25.2
4x800-Meter Relay		Shippensburg	7:40.7
4x1,500-Meter Relay		Kutztown	17:03.2
Sprint Medley		Mt. St. Mary's	3:33.3
Distance Medley		KSC	10:36.1
High Jump	Wetmore	Mt. St. Mary's	6-2
Triple Jump	S. Goodyear/ E. Noon	Shippensburg	86-11 1/2
Shot Put	Miller/Daye	Trenton	91-6 1/2

### 1981

Event	Champion	School	Time/Distance
10,000 Meters	Neal Brown	Ursinus	31:17.21
110-Meter Hurdles	Loughead	Widener	14.72
400-Meter Hurdles	Kevin Sweeney	Kutztown	55.36
3,000-Meter Steeplechase	Minnick	Widener	9:45.00
4x100-Meter Relay		Kutztown	42.75
4x200-Meter Relay		Kutztown	1:30.47
4x400-Meter Relay		Shippensburg	3:24.82
4x800-Meter Relay		Millersville	7:56.89
4x1x500-Meter Relay		Millersville	17:12.73
Sprint Medley		Trenton	3:33.77
Distance Medley		Millersville	10:26.34
Long Jump	Riddick Gordon	Millersville	43-10 3/4
Triple Jump	Noon Jackson	Shippensburg	90-7
Pole Vault	Hoff Accuri	Millersville	27-0
Shot Put	Gorczynski Distasio	Bloomsburg	97-11
Javelin	Kevin Stabler	Shippensburg	382-10

### 1982

Event	Champion	School	Time/Distance
4x400-Meter Relay		Trenton	3:19.6

### 1983

Event	Champion	School	Time/Distance
10,000 Meters	Steve Koons	Millersville	32:27.46
100-Meter Hurdles	Briane Grey	Trenton	15.3
400-Meter Hurdles	Dave Barrow	Millersville	54.1
3,000-Meter Steeplechase	Greg Beegle	Millersville	9:33.2
4x100-Meter Relay		Millersville	43.2
4x200-Meter Relay		Trenton	1:31.7
4x400-Meter Relay		Trenton	3:20.8
4x800-Meter Relay		Ursinus	7:56.8
4x1x500-Meter Relay		Millersville	16:31.8
Sprint Medley		Haverford	3:33.3
Mile Relay		Trenton	4:03.2
High Jump	Schnizer Godak	Franklin & Marshall	12-4
Long Jump	Leister Odaguwa Mikas	Franklin & Marshall	41-9 1/4
Triple Jump	Cooper Martin	Towson	87-5



# MILLERSVILLE MEN'S TRACK & FIELD RECORDS

Pole Vault	Pelligrino Eisenberg	Franklin & Marshall	27-11
Shot Put	Alexander Brittain	Widener	85-2
Discus	BleilerBaker	Millersville	281-8 1/2

## 1984

Event	Champion	School	Time/Distance
100 Meters	Bruce Mannon	Millersville	10.9
200 Meters	Dave German	Susquehanna	22.4
400 Meters	Dave German	Susquehanna	48.7
800 Meters	Steve Thomas	Millersville	1:55.0
1,500 Meters	Greg Pealer	Susquehanna	3:54.3
5,000 Meters	Neil Brown	Ursinus	15:00.0
110-Meter Hurdles	Joe Aiken	Millersville	14.9
400-Meter Hurdles	Todd Patterson	Widener	55.6
3,000-Meter Steeplechase	Greg Beegle	Millersville	9:27.8
4x100-Meter Relay		Millersville	43.2
4x400-Meter Relay		Susquehanna	3:19.7
High Jump	Scott Lyons	Millersville	6-4
Long Jump	Joe Aiken	Millersville	23-5 1/2
Triple Jump	Kirk Corliss	Millersville	43-7 1/2
Pole Vault	Ed Eisenberg	Franklin & Marshall	14-6
Shot Put	Bruce Denmark	Lehigh	48-2 3/4
Discus	Mike Mielke	Stockton	156-10
Javelin	Dickhaus	Millersville	200-3

## 1985

Event	Champion	School	Time/Distance
100 Meters	Jeff Williams	Widener	11.26
200 Meters	A. Rowson	Ursinus	22.38
400 Meters	Mike Spangler	Susquehanna	47.22
800 Meters	Joe Wroblewski	Trenton	1:54.40
1,500 Meters	Steve Levin	Franklin & Marshall	4:02.00
5,000 Meters	Mike Griffin	Ursinus	15:33.56
110-Meter Hurdles	Walden	Susquehanna	15.30
400-Meter Hurdles	Steve Ebeling	Kutztown	53.75
3,000-Meter Steeplechase	Greg Beegle	Millersville	9:29.50
4x100-Meter Relay		Millersville	43.53
4x400-Meter Relay		Widener	3:25.83
High Jump	Tim Godek	Millersville	6-4
Long Jump	Jeff Williams	Widener	23-1
Triple Jump	Joe Aiken	Millersville	49-5
Pole Vault	Mike Cantrell	Kutztown	15-2
Shot Put	Carlton Bleiler	Millersville	46-10 1/2
Discus	Carlton Bleiler	Millersville	157-8
Javelin	Bill Miller	Widener	211-8

## 1986

Event	Champion	School	Time/Distance
100 Meters	Scott Ford	Kutztown	11.46
200 Meters	Mike Spangler	Susquehanna	21.80
400 Meters	Ed Goebel	Moravian	49.38
800 Meters	Liam O-Niell	Haverford	1:52.45
1,500 Meters	Scott Norton	West Chester	3:55.61
5,000 Meters	Shylock Nolovu	Messiah	15:12.80
10,000 Meters	Sam Dougleday	Kutztown	32:40.80
110-Meter Hurdles	Broder	Kutztown	15.82
400-Meter Hurdles	Brian Boyle	Kutztown	55.95
3,000-Meter Steeplechase	Tom Welsh	Baptist Bible	9:13.70
4x100-Meter Relay		Susquehanna	43.49
4x400-Meter Relay		Susquehanna	3:16.20
High Jump	Darryl Pitt	Harford CC	6-6
Long Jump	Doug Kelly	West Chester	22-7
Triple Jump	Kirk Corliss	Millersville	45-8 1/2

Pole Vault	Rich Bergen	Trenton	13-6
Shot Put	Ralph Tamm	West Chester	55-2 1/4
Discus	Ralph Tamm	West Chester	157-1
Javelin	James Flukey	Delaware Valley	185-9 1/2

## 1987

Event	Champion	School	Time/Distance
100 Meters	Mike Spangler	Susquehanna	11.19
200 Meters	Dale Fogelsanger	Messiah	22.98
400 Meters	Dale Fogelsanger	Messiah	50.28
800 Meters	Rob Rainey	Delaware	1:55.57
1,500 Meters	Joe Warwick	West Chester	3:58.15
5,000 Meters	Larry Nevy	Millersville	14:55.09
110-Meter Hurdles	Brian Kuykendale	Towson	15.44
400-Meter Hurdles	Ben Martin	Messiah	55.59
3,000-Meter Steeplechase	Jeff Long	Towson	9:35.10
4x100-Meter Relay		Millersville	43.52
4x400-Meter Relay		Susquehanna	3:20.50
High Jump	Darryl Pitt	Essex CC	6-10 1/4
Long Jump	Doug Kelly	West Chester	22-4 1/4
Triple Jump	Brian Rounsavill	Moravian	45-5 3/4
Pole Vault	Mike Cantrell	Kutztown	15-0
Shot Put	John Wood	Ursinus	52-3 1/4
Discus	Brian Watson	Delaware	147-4
Javelin	John Wood	Ursinus	191-9 1/2

## 1988

Event	Champion	School	Time/Distance
100 Meters	Phil Gibson	Millersville	11.11
200 Meters	Robard Williams	Haverford	22.17
400 Meters	Mike Spangler	Susquehanna	47.85
800 Meters	Tom Rogers	Delaware	1:53.87
1,500 Meters	Kevin Ciocca	Lehigh	4:00.38
5,000 Meters	Tom Graham	Swarthmore	15:05.12
10,000 Meters	Doug Schmidt	West Chester	33:27.00
110-Meter Hurdles	Dave Scheck	Delaware	15.10
400-Meter Hurdles	Dave Wiederrecht	Messiah	54.53
3,000-Meter Steeplechase	Timothy Gallagher	Trenton	9:47.60
4x100-Meter Relay		Millersville	43.14
4x400-Meter Relay		Susquehanna	3:21.21
High Jump	Lance Kern	Susquehanna	6-7
Long Jump	Dan Reichenbach	Lebanon Valley	22-9
Triple Jump	Jim Supple	Delaware	46-3 1/2
Pole Vault	John Stevens	Messiah	14-0
Shot Put	Joel Bewley	Rider	51-0 3/4
Discus	Hank Nonnenberg	Kutztown	148-5
Javelin	Jeff Hager	East Stroudsburg	194-10

## 1989

Event	Champion	School	Time/Distance
100 Meters	Gregg Liggs	York College	11.01
200 Meters	Manuel Ferreria	East Stroudsburg	22.13
400 Meters	Jeff Cullingford	Moravian	48.82
800 Meters	Charles Hoch	Moravian	1:54.82
1,500 Meters	Andy Van Sciver	Millersville	3:57.26
5,000 Meters	Matt Leighninger	Haverford	14:59.90
110-Meter Hurdles	Brian Kuykendall	Towson	15.11
400-Meter Hurdles	Cal Williams	Dickinson	53.33
3,000-Meter Steeplechase	Kevin Stover	Millersville	9:28.47
4x100-Meter Relay		Gallaudet	42.86
4x400-Meter Relay		Millersville	3:24.27



# MILLERSVILLE MEN'S TRACK & FIELD RECORDS

High Jump	Lance Vern	Susquehanna	6-8
Long Jump	Matt McAllister	Moravian	22-6 1/2
Triple Jump	Randy Weiss	Millersville	45-10 3/4
Pole Vault	Tucker Hafner	East Stroudsburg	14-9
Shot Put	Cris Delbaugh	Susquehanna	48-2 1/2
Discus	Jacques Viau	Millersville	153-1 1/2
Javelin	Lance Branyan	East Stroudsburg	189-0

## 1990

Event	Champion	School	Time/Distance
100 Meters	Eddie Arnold	Millersville	10.80
200 Meters	Eddie Arnold	Millersville	21.54
400 Meters	Steve Reeser	Lock Haven	48.71
800 Meters	Andy Van Sciver	Millersville	1:53.06
1,500 Meters	Scott Yockus	Drexel	3:53.98
5,000 Meters	Steve Hanson	Shippensburg	15:24.47
110-Meter Hurdles	Mike Herb	Messiah	14.63
400-Meter Hurdles	Carl Fisher	Lock Haven	53.52
3,000-Meter Steeplechase	Bob Malinowski	Delaware	9:31.50
4x100-Meter Relay		Gallaudet	43.56
4x400-Meter Relay		Lock Haven	3:20.84
High Jump	Lamont Repollet	Trenton	6-6
Long Jump	Rob Graham	Delaware	23-6 1/4
Triple Jump	Cory Mabry	Susquehanna	46-9
Pole Vault	Frank Krantz	Susquehanna	15-3
Shot Put	Bill Lee	Shippensburg	52-4 3/4
Discus	Brian Libent	Indiana	156-7
Javelin	Kraig O-Keefe	Shippensburg	198-0

## 1991

Event	Champion	School	Time/Distance
100 Meters	Barry Foster	Millersville	10.98
200 Meters	Eddie Arnold	Millersville	21.74
400 Meters	Pat Leary	Trenton	49.57
800 Meters	Andy Van Sciver	Millersville	1:52.16
1,500 Meters	Stephen Monaco	Franklin & Marshall	3:50.72
5,000 Meters	Rob McMichael	Lock Haven	15:22.72
110-Meter Hurdles	Barry Kline	Shippensburg	15.32
400-Meter Hurdles	Rob Carmo	Shippensburg	54.36
3,000-Meter Steeplechase	Chris Carroll	Delaware	9:46.80
4x100-Meter Relay		Shippensburg	43.15
4x400-Meter Relay		Lock Haven	3:19.48
High Jump	Jim Rickett	Lock Haven	6-8 1/4
Long Jump	Craig Parkinson	Millersville	22-11
Triple Jump	Cory Mabry	Susquehanna	47-8 3/4
Pole Vault	Curt Evans	Shippensburg	15-6
Shot Put	Bill Lee	Shippensburg	51-4
Discus	Jacques Viau	Millersville	151-3 1/2
Javelin	Rob Cook	Shippensburg	195-0

## 1992

Event	Champion	School	Time/Distance
100 Meters	Chad Micklely	Shippensburg	10.97
200 Meters	Mike West	Millersville	22.25
400 Meters	Kevin Deemer	Shippensburg	48.34
800 Meters	Amine Doukkali	Millersville	1:53.55
1,500 Meters	Dan Pszeniczny	Bloomsburg	3:56.94
5,000 Meters	Dan Pszeniczny	Bloomsburg	15:04.15
110-Meter Hurdles	Barry Kline	Shippensburg	14.87
400-Meter Hurdles	Rob Carmo	Shippensburg	54.20
3,000-Meter Steeplechase	Clayton Smith	Shippensburg	9:32.40
4x100-Meter Relay		Millersville	43.16

4x400-Meter Relay		Millersville	3:18.84
High Jump	Mark Zatalava	Shippensburg	6-8
Long Jump	Randy Lambert	Delaware	22-5 1/4
Triple Jump	Chris Bowser	Shippensburg	45-9 3/4
Pole Vault	Curt Evans	Shippensburg	15-7
Shot Put	Talavou Alailima	Franklin & Marshall	50-9 1/2
Discus	Brian D-Amico	Delaware	154-11
Javelin	Rob Cook	Shippensburg	192-4

## 1993

Event	Champion	School	Time/Distance
100 Meters	Mark Fields	Delaware	10.99
200 Meters	Vincent Walker	Towson	22.41
400 Meters	Kevin Demeer	Shippensburg	48.24
800 Meters	Tom Burgoon	Towson	1:53.40
1,500 Meters	Stephen Monaco	Franklin & Marshall	3:54.52
5,000 Meters	Dan Pszeniczny	Bloomsburg	15:00.20
110-Meter Hurdles	Dave Osanitsch	Shippensburg	14.89
400-Meter Hurdles	Paul Wachsmuth	Shippensburg	54.01
3,000-Meter Steeplechase	Scott Ellwood	UMBC	9:36.40
4x100-Meter Relay		Towson State	42.77
4x400-Meter Relay		Bucknell	3:18.74
High Jump	Matt Butts	UMBC	6-8
Long Jump	Jerry Kai-Lewis	Essex C.C.	23-3
Triple Jump	Curt Evans	Shippensburg	46-0 3/4
Pole Vault	Curt Evans	Shippensburg	15-9
Shot Put	Carl Hahn	Millersville	48-8 1/2
Discus	Pete Gregory	Bucknell	147-5
Javelin	Frank Leiter	Mansfield	190-10

## 1994

Event	Champion	School	Time/Distance
100 Meters	Kwado Asare	Drexel	11.05
200 Meters	Dan Esposito	Millersville	22.43
400 Meters	Kevin Deemer	Shippensburg	48.75
800 Meters	Tom Burgoon	Towson State	1:51.82
1,500 Meters	Don Augustin	UMBC	3:58.18
5,000 Meters	Chris Konyar	Bloomsburg	15:09.4
110-Meter Hurdles	Dave Osanitsch	Shippensburg	14.83
400-Meter Hurdles	Rick Vanemburgh	Bucknell	54.15
3,000-Meter Steeplechase	Jeff Stallings	Millersville	9:30.1
4x100-Meter Relay		Susquehanna	42.22
4x400-Meter Relay		Towson State	22-2 1/4
High Jump	Kyal Hackett	Delaware	6-6
Long Jump	Mike King	Towson State	22-2 1/4
Triple Jump	Dennis Hare	Bucknell	43-5 1/4
Pole Vault	Glen Allison	Lock Haven	14-6
Shot Put	Art Oliver	Ocean	51-7
Discus	Erik Swarts	Bucknell	152-5
Javelin	Eric Dauberman	Shippensburg	164-0

## 1995

Event	Champion	School	Time/Distance
100 Meters	Andre Wise	Towson State	10.78
200 Meters	Kwadjo Asare	Drexel	22.51
400 Meters	Chris Kalwinsky	Trenton State	49.18
800 Meters	Rob Emerick	Shippensburg	1:56.03
1,500 Meters	Ken Kropac	Drexel	4:01.73
5,000 Meters	Chris Konyar	Bloomsburg	15:36.35
110-Meter Hurdles	Dave Osanitsch	Shippensburg	14.43
400-Meter Hurdles	Kent Lightbourn	Western Maryland	54.43
3,000-Meter Steeplechase	Jeff Stallings	Millersville	9:33.6
4x100-Meter Relay		Western Maryland	42.23



# MILLERSVILLE MEN'S TRACK & FIELD RECORDS

4x400-Meter Relay		Trenton State	3:20.22
High Jump	Kurt Potocki	Millersville	6-8
Long Jump	Dan Mullen	Middlesex CC	22-1 1/2
Triple Jump	John Becker	Shippensburg	45-5 3/4
Pole Vault	Curt Evans	Shippensburg	16-7
Shot Put	Dave Marko	Bloomsburg	48-7 1/2
Discus	Brian D-Amico	Delaware	154-10
Javelin	Carl Von Tobel	Western Maryland	198-0

## 1996

Event	Champion	School	Time/Distance
100 Meters	Gerald Mack	Millersville	10.66
200 Meters	Andre Wise	Towson	21.84
400 Meters	Dadi Dennis	Essex CC	50.26
800 Meters	Bill Gray	Gettysburg	1:55.21
1,500 Meters	Bill Gray	Gettysburg	3:59.12
5,000 Meters	Jeremy Hoffman	Shippensburg	15:26.82
110-Meter Hurdles	Dave Osanitsch	Shippensburg	14.50
400-Meter Hurdles	Nate Hillegas	Lebanon Valley	56.01
3,000-Meter Steeplechase	David Howe	Hagerstown JC	9:38.89
4x100-Meter Relay		Lock Haven	43.73
4x400-Meter Relay		Lock Haven	3:25.09
High Jump	Kurt Potocki	Millersville	6-7
Long Jump	Adrian Cumberbatch	Essex CC	23-0 3/4
Triple Jump	Keith Hershey	Millersville	46-5 1/2
Pole Vault	Rich Bruno	Delaware	14-6
Shot Put	Eric Stieler	Bucknell	51-11
Discus	Todd Cress	Shippensburg	154-9
Javelin	Shane Schantzenbach	Shippensburg	183-3

## 1997

Event	Champion	School	Time/Distance
100 Meters	Andre Wise	Towson	10.87
200 Meters	Nathan Sullivan	Shippensburg	22.23
400 Meters	Dave Coyle	Mansfield	49.09
800 Meters	Eric Reers	Shippensburg	1:54.91
1,500 Meters	Mark Hagan	Millersville	3:57.49
5,000 Meters	Brandon Mahon	Navy	15:00.79
110-Meter Hurdles	Ken Mahlischnee	Towson	15.08
400-Meter Hurdles	Bryan Culler	Bloomsburg	53.59
3,000-Meter Steeplechase	Brandon Buckley	IUP	9:33.98
4x100-Meter Relay		Hagerstown JC	43.75
4x400-Meter Relay		Shippensburg	3:21.43
High Jump	Jeff Mills	Shippensburg	6-8
Long Jump	Todd Reinert	West Chester	23-6 1/4
Triple Jump	Duriel Mason	Hagerstown JC	46-3 1/4
Pole Vault	Jerami Stucchio	Millersville	15-0
Shot Put	Josh Patulski	Syracuse	49-8 1/2
Discus	Josh Patulski	Syracuse	147-6 1/2
Javelin	Shane Schantzenbach	Shippensburg	198-7
Hammer Throw	Andy Bullard	Bucknell	153-2

## 1998

Event	Champion	School	Time/Distance
100 Meters	Donell Hayes	Hagerstown JC	10.88
200 Meters	Donell Hayes	Hagerstown JC	22.16
400 Meters	Dave Coyle	Mansfield	49.93
800 Meters	Justin Depasqua	Shippensburg	1:55.74
1,500 Meters	Mark Hagan	Millersville	3:57.45
5,000 Meters	Jim Carney	Millersville	15:22.88
110-Meter Hurdles	Tim Schnurr	Bucknell	15.07
400-Meter Hurdles	Bryan Culler	Bloomsburg	54.32

3,000-Meter Steeplechase	Robb Munro	Delaware	9:25.0
4x100-Meter Relay		Hagerstown JC	43.05
4x400-Meter Relay		College of N.J.	3:25.00
High Jump	Keith Hershey	Millersville	6-6
Long Jump	Brian Schiding	Bucknell	22-5 1/2
Triple Jump	Brian Schiding	Bucknell	46-4 1/4
Pole Vault	Jerami Stucchio	Millersville	14-6
Shot Put	Sam Gates	Millersville	50-3
Discus	Todd Cress	Shippensburg	156-8
Javelin	Anthony O'Hara	Ursinus	187-8
Hammer Throw	Mike Chadwick	Delaware	158-0

## 1999

Event	Champion	School	Time/Distance
100 Meters	Tony Brown	Widener	10.91
200 Meters	Raymond Crooms	Widener	22.27
400 Meters	Matt Albritton	Shippensburg	49.97
800 Meters	Erik Reers	Shippensburg	1:55.61
1,500 Meters	Doug Stewart	Towson	4:01.27
5,000 Meters	Chris Bromley	Gloucester CC	15:29.17
110-Meter Hurdles	Tim Schnurr	Bucknell	15.40
400-Meter Hurdles	Brian Kozicki	Millersville	54.14
3,000-Meter Steeplechase	Matt Wagoner	Shippensburg	9:43.4
4x100-Meter Relay		Bucknell	42.83
4x400-Meter Relay		Shippensburg	3:22.44
High Jump	Joe Stephenson	Gloucester CC	6-4
Long Jump	Derrick Woolfolk	Millersville	15-6
Triple Jump	Elwin Jenkins	Kutztown	47-6
Pole Vault	Rob Mattern	Millersville	15-6
Shot Put	Sam Gates	Millersville	51-0
Discus	Shawn Matthews	Bucknell	155-3
Javelin	Joe Miller	Millersville	188-0
Hammer Throw	Matt Kaplan	Bucknell	143-5

## 2000

Event	Champion	School	Time/Distance
100 Meters	Givon Holmes	West Chester	11.07
200 Meters	Keith Crowell	Kutztown	21.87
400 Meters	Chavaun Johnson	Dickinson	48.57
800 Meters	Doug Mascherino	West Chester	1:54.49
1,500 Meters	John Supsic	Towson	3:59.68
5,000 Meters	Justin Parker	Kutztown	15:36.51
110-Meter Hurdles	Corey Nolan	Shippensburg	15.34
400-Meter Hurdles	Brian Kozicki	Millersville	54.19
3,000-Meter Steeplechase	Larry Bullock	Elizabethtown	9:40.5
4x100-Meter Relay		Susquehanna	43.64
4x400-Meter Relay		Bucknell	3:22.17
High Jump	Mike Scanish	Dickinson	6-6
Long Jump	Matt Fenstermacher	Susquehanna	22-4
Triple Jump	Shawn Landis	Kutztown	47-8
Pole Vault	Paul Schmitt	Kutztown	17-0
Shot Put	Mike Sage	Shippensburg	50-8
Discus	Shawn Mathews	Bucknell	166-11.5
Javelin	Matt Deamer	Susquehanna	199-5
Hammer Throw	Tim Johnson	York (Pa.)	168-0

## 2001

Event	Champion	School	Time/Distance
100 Meters	Mike Garner	Towson	10.88
200 Meters	Mike Garner	Towson	21.99
400 Meters	Jamie Machiesky	Shippensburg	50.02
800 Meters	Jojens Lolas	American	1:55.53



# MILLERSVILLE MEN'S TRACK & FIELD RECORDS

1,500 Meters	Matias Palavecimo	Bloomsburg	4:02.13
5,000 Meters	James Stehle	Shippensburg	15:42.74
110-Meter Hurdles	Corey Nolan	Shippensburg	15.07
400-Meter Hurdles	Chris Miller	Kutztown	54.60
3,000-Meter Steeplechase	Russ Stellmach	Millersville	9:40.3
4x100-Meter Relay		Kutztown	42.64
4x400-Meter Relay		Millersville	3:21.47
High Jump	Ed Warner	UMBC	6-10
Long Jump	Todd Reinert	West Chester	21-11 3/4
Triple Jump	Shawn Landis	Kutztown	47-10
Pole Vault	Paul Schmitt	Kutztown	16-6
Shot Put	Jake Weigle	Millersville	50-5 1/4
Discus	Ben Thuma	Delaware	158-10
Javelin	Dan Maha	Shippensburg	180-1
Hammer Throw	Sam Yarrington	Delaware	171-8

## 2002

Event	Champion	School	Time/Distance
100 Meters	Orlando Payton	Cheyney	10.88
200 Meters	Orlando Payton	Cheyney	21.89
400 Meters	Scott Eisenhart	Kutztown	47.84
800 Meters	Eric Furst	Bucknell	1:53.84
1,500 Meters	Pat Boettcher	Delaware	4:00.37
5,000 Meters	Darrell Andruski	George Washington	15:12.94
110-Meter Hurdles	Corey Nolan	Shippensburg	15.08
400-Meter Hurdles	Matt Collins	Rutgers-Camden	53.11
3,000-Meter Steeplechase	Chris Trill	Millersville	9:33.0
4x100-Meter Relay		Lehigh	42.92
4x400-Meter Relay		Towson	3:21.01
High Jump	Aaron Leroux	Towson	6-4
Long Jump	Francis Vincent	Lehigh	22-2 1/2
Triple Jump	Dave Springham	Towson	46-3/4
Pole Vault	Paul Schmitt	Kutztown	16-3
Shot Put	Matt Peters	Shippensburg	51-7
Discus	Matt Peters	Shippensburg	160-4
Javelin	Gregory Ryan	Shippensburg	197-7
Hammer Throw	Michael Kitchko	Lehigh	147-10

## 2003

Event	Champion	School	Time/Distance
100 Meters	Dan Patton	Kutztown	11.0
200 Meters	Scott Eisenhart	Kutztown	21.9
400 Meters	Scott Eisenhart	Kutztown	47.0
800 Meters	Patrick Boettcher	Delaware	1:53.8
1,500 Meters	John Morgan	Delaware	4:01.9
5,000 Meters	Aaron Rich	Shippensburg	14:59.5
110-Meter Hurdles	Jerome Holder	Delaware	14.8
400-Meter Hurdles	Mark Piccolo	Shippensburg	54.1
3,000-Meter Steeplechase	Chris Trill	Millersville	9:29.9
4x100-Meter Relay		Shippensburg	n/a
4x400-Meter Relay		Shippensburg	3:24.1
High Jump	Jake D-Arcangelo	Shippensburg	6-1
Long Jump	Jeremy Fuhrman	Shippensburg	21-1 1/2
Triple Jump	Cornel Crawford	Kutztown	44-1 1/2
Pole Vault	(none-weather)		
Shot Put	Adam Escamilla	Shippensburg	48-9 3/4
Discus	Matt Peters	Shippensburg	164-0 1/2
Javelin	Dan Gale	East Stroudsburg	167-1

## 2008

Event	Champion	School	Time/Distance
100 Meters	Kelvin Reyes	Millersville	11.0

200 Meters	Derrick Bass	Millersville	22.01
400 Meters	Jake Gomolinski	Franklin & Marshall	50.19
800 Meters	Adam Malloy	Millersville	1:57.31
1,500 Meters	Matt Simpkins	Millersville	4:05.64
5,000 Meters	Neil Kerrigan	Unattached	16:43.37
110-Meter Hurdles	Dwight Savoy	Albright	17.43
400-Meter Hurdles	Mike Murphy	Shippensburg	55.50
3,000-Meter Steeplechase	Pavel Marossine	Franklin & Marshall	10:21.93
4x100-Meter Relay		Millersville	42.64
4x400-Meter Relay		Shippensburg	3:24.1
High Jump	Dwight Savoy	Albright	1.83 (6-0)
Long Jump	Christopher Donisi	Albright	7.07 (23-2 1/2)
Triple Jump	Freddie Martino	Franklin & Marshall	13.2 (43-3 3/4)
Pole Vault	Adam Kravatz	Millersville	4.42 (14-6)
Shot Put	Tappah Dinnall	Shippensburg	14.27 (46-10)
Discus	Shaun Minnich	Shippensburg	41.47 (136-1)
Javelin	Denis Quirk	Millersville	60.89 (199-9)
Hammer	Tappah Dinnall	Shippensburg	43.31 (142-1)
Decathlon	Domenic Divud	UMBC	5,892 points

## 2009

Event	Champion	School	Time/Distance
100 Meters	Lipton Thompson	Franklin & Marshall	11.11
200 Meters	Ronald Hunter	Cheyney	22.08
400 Meters	James Vallery	Cheyney	49.0
800 Meters	Adam Malloy	Millersville	2:00.02
1,500 Meters	James McBride	Millersville	4:03.52
5,000 Meters	Kevin Shirk	Unattached	15:10.48
110-Meter Hurdles	Mark Cover	Shippensburg	15.01
400-Meter Hurdles	Chad Drzewiecki	Shippensburg	55.95
3,000-Meter Steeplechase	Phil Diven	Shippensburg	9:58.40
4x100-Meter Relay		Cheyney	41.95
4x400-Meter Relay		Millersville	3:38
High Jump	Kwaku Anno	Franklin & Marshall	1.83 (6-0)
Long Jump	Dominique Curry	Cheyney	6.44 (21-1 1/2)
Triple Jump	Tariq Jackson	Cheyney	13.52 (44-4 1/4)
Pole Vault	Travis Hammaker	Shippensburg	4.6 (15-1)
Shot Put	Tappah Dinnall	Shippensburg	14.47 (47-5 3/4)
Discus	Travis Nye	Shippensburg	44.30 (145-4)
Javelin	Christian D'Annibile	Shippensburg	58.5 (191-11)
Hammer	Scott Pasternacki	Millersville	47.23 (154-11)
Decathlon	Don Graybill	Shippensburg	5,225 points

## 2010

Event	Champion	School	Time/Distance
100 Meters	Lamar McLean	Thaddeus Stevens	11.18
200 Meters	Jeff Robinson	Millersville	22.14
400 Meters	Brennon Ferrizzi	Alvernia	50.75
800 Meters	Ben Press	Johns Hopkins	1:57.84
1,500 Meters	Frank Redmond	Misericordia	3:59.64
5,000 Meters	Joshua Foulds	Millersville	15:28.74
110-Meter Hurdles	Nils Michaelis	Franklin & Marshall	14.83
400-Meter Hurdles	Nils Michaelis	Franklin & Marshall	56.25
3,000-Meter Steeplechase	Christian Altamura	C.W. Post	9:50.84
4x100-Meter Relay		Millersville	42.66
4x400-Meter Relay		Millersville	3:34.14
High Jump	Chris Sprowl	Unattached	1.95 (6-4.75)
Long Jump	Stephen Boyd	Millersville	6.73 (22-01)
Triple Jump	Stephen Boyd	Millersville	13.02 (42-8.75)
Pole Vault	Matt Trachtenberg	Johns Hopkins	4.15 (13-7.25)
Shot Put	Avery Webster	Millersville	14.45 (47-05)
Discus	Joe Pasternacki	Thaddeus Stev.	43.66 (143-03)



# MILLERSVILLE MEN'S TRACK & FIELD RECORDS

Javelin	Art Pupa	Misericordia	49.67 (162-11)
Hammer	Chris Boutsikaris	Unattached	59.00 (193-07)

## 2011

Event	Champion	School	Time/Distance
100 Meters	Romarr Mayle	Shippensburg	10.90
200 Meters	Ian Melhorn	East Stroudsburg	21.66
400 Meters	Negus Graham	East Stroudsburg	48.00
800 Meters	Tom Troxell	Shippensburg	1:53.54
1,500 Meters	Aaron Dinzeo	California (Pa.)	3:59.21
3,000 Meters	Alex Monroe	Lock Haven	8:29.54
5,000 Meters	Chris Schneider	East Stroudsburg	15:38.90
10,000 Meters	Matt Kroetch	California (Pa.)	32:35.78
110-Meter Hurdles	Nils Michaelis	Franklin & Marshall	14.90
400-Meter Hurdles	Marcus Line	Shippensburg	53.64
3,000-Meter Steeplechase	Nick Hilton	Lock Haven	9:11.71
4x100-Meter Relay		Shippensburg	42.07
4x400-Meter Relay		East Stroudsburg	3:16.70
High Jump	Larrian Payne	Unattached	1.93m
Long Jump	Herman Kirkland	Shippensburg	6.91m
Triple Jump	Darius Flowers	Gallaudet	13.88m
Pole Vault	Adam Phillips	Shippensburg	4.60m
Shot Put	Steve D'Arcy	Shippensburg	14.72m
Discus	Travis Nye	Shippensburg	47.02m
Javelin	Josh Hontz	East Stroudsburg	64.13m
Hammer	Mark Manno	Lock Haven	53.79m

## 2012

Event	Champion	School	Time/Distance
100 Meters	Geoffery Mock	Kutztown	11.27
200 Meters	Chris Jones	Lock Haven	21.70
400 Meters	Sean Harper	Lock Haven	48.97
800 Meters	Mike Robinson	Mansfield	1:54.52
1,500 Meters	Joel Flott	Shippensburg	3:59.51
3,000 Meters	Greg Duckloe	Franklin & Marshall	8:52.84
5,000 Meters	Tim Getz	Unattached	15:16.21
10,000 Meters	Josh Baker	Johns Hopkins	32:18.56
110-Meter Hurdles	Brice Myers	California (Pa.)	14.38
400-Meter Hurdles	Jared Long	Indiana (Pa.)	53.37
3,000-Meter Steeplechase	Peter Gelston	Shippensburg	9:34.94
4x100-Meter Relay		Lock Haven	42.49
4x400-Meter Relay		Shippensburg	3:15.97
High Jump	Ryan Walsh	Johns Hopkins	2.00m
Long Jump	Matt Cannell	Kutztown	6.87m
Triple Jump	Christopher Thomas	Unattached	14.53m
Pole Vault	Adam Phillippi	Shippensburg	4.75m
Shot Put	Tyler Thomas	Lock Haven	15.90m
Discus	Travis Nye	Shippensburg	47.31m
Javelin	Ryan Schleicher	California (Pa.)	64.72m
Hammer	Peter Hafer	Unattached	53.43m
Decathlon	Zach Kohler	Millersville	5,856 pts.

## 2013

Event	Champion	School	Time/Distance
100 Meters	Eddie Burgess	East Stroudsburg	11.00
200 Meters	Keith Parker-Washington	East Stroudsburg	22.03
400 Meters	Sean Harper	Lock Haven	49.37
800 Meters	Luke Olenginski	Franklin & Marshall	1:55.65
1,500 Meters	Nicholas Gibson	Unattached	4:01.13
3,000 Meters	Greg Duckloe	Franklin & Marshall	8:52.84
5,000 Meters	Mitch Miller	Lock Haven	15:02.94
10,000 Meters	Curran Kneebone	West Chester	32:33.75

110-Meter Hurdles	Matt Bundy	Wesley	15.43
400-Meter Hurdles	Ryan Karli	West Chester	55.08
3,000-Meter Steeplechase	Zach Musselman	West Chester	9:35.29
4x100-Meter Relay		East Stroudsburg	41.82
4x400-Meter Relay		East Stroudsburg	3:22.28
4x800-Meter Relay		Franklin & Marshall	8:03.23
High Jump	Paul Stults	Lock Haven	1.95m
Long Jump	LeQuan Chapman	West Chester	6.91m
Triple Jump	LeQuan Chapman	West Chester	13.93m
Pole Vault	Adam Phillippi	Shippensburg	4.45m
Shot Put	Grant Smith	Hagerstown C.C.	17.02m
Discus	Charlito Iwuagwu	Shippensburg	48.50m
Javelin	Matt Tholis	East Stroudsburg	67.69m
Hammer	Travis Toth	East Stroudsburg	58.73m

## 2014

Event	Champion	School	Time/Distance
100 Meters	Aaron Pannell	Dickinson	10.74
200 Meters	Devonte Williams	Stevenson	21.64
400 Meters	Devonte Williams	Stevenson	49.98
800 Meters	Tyler Saunders	Unattached	1:57.42
1,500 Meters	Braden Bruning	Shippensburg	4:04.32
3,000 Meters	Greg Duckloe	Franklin & Marshall	8:52.84
5,000 Meters	Tim Hartung	York	15:39.76
10,000 Meters	Alex Hampel	Indiana (Pa.)	32:11.30
110-Meter Hurdles	Uche Oparakau	Prince George's C.C.	15.24
400-Meter Hurdles	Uche Oparakau	Prince George's C.C.	55.43
3,000-Meter Steeplechase	Andrew Golez	Lebanon Valley	10:05.86
4x100-Meter Relay		Prince George's C.C.	43.39
4x400-Meter Relay		York	3:30.09
4x800-Meter Relay		Bowie State	8:20.24
High Jump	Joseph DeCecco	West Chester	2.00m
Long Jump	Herman Kirkland	adidas Garde	7.68m
Triple Jump	Jeremy Claypoole	Indiana (Pa.)	14.22m
Pole Vault	Andrew Bartnett	Johns Hopkins	4.55m
Shot Put	Grant Smith	Shippensburg	17.21m
Discus	Ryan Hart	Shippensburg	51.75m
Javelin	Rahjeir Miles-Eubank	Lock Haven	64.25m
Hammer	Chris Nelson	Shippensburg	54.99m