



**2012 Men's Outdoor Track & Field Top Performances
(by event)**

100-METER DASH

NAME	TIME/PLACE	DATE
Andrew Langston	10.93/10 th	5/4/12
Andrew Langston	11.26/4 th	4/28/12
Andrew Langston	11.30/(P)	4/28/12
Andrew Langston	11.33/20 th	4/15/12
Andrew Langston	11.41/77 th	3/16/12

MEET

PSAC Championships
Paul Kaiser Classic ^
Paul Kaiser Classic
Bison Outdoor Classic
Shamrock Invitational

110-METER HURDLES

NAME	TIME/PLACE	DATE
Ryan Griffith	15.59/12 th	5/4/12
Ryan Griffith	15.67/11 th	4/15/12
Ryan Griffith	15.77/2 nd	4/21/12
Ryan Griffith	15.82/(P)	4/21/12
Ryan Griffith	15.94/(P)	4/28/12

MEET

PSAC Championships
Bison Outdoor Classic ^
Mason-Dixon Invitational
Mason-Dixon Invitational
Paul Kaiser Classic

200-METER DASH

NAME	TIME/PLACE	DATE
Keith Ogden	22.25/1 st	4/21/12
Jeff Robinson	22.31/9 th	5/4/12
Jeff Robinson	22.77/5 th	4/28/12
Andrew Langston	22.79/11 th	4/7/12
Anthony Adamski	22.88/22 nd	4/15/12

MEET

Mason-Dixon Invitational ^
PSAC Championships
Paul Kaiser Classic ^
Millersville Metrics ^
Bison Outdoor Classic

400-METER DASH

NAME	TIME/PLACE	DATE
Sergey Grinev	50.65/8 th	3/24/12
Sergey Grinev	51.03/49 th	3/17/12
Chris Jackson Jr.	52.19/14 th	3/24/12
Zach Kohler	52.41/8 th	5/3/12
Tayon Haygood	52.80/74 th	3/17/12

MEET

Golden Ram Invitational ^
Shamrock Invitational
Golden Ram Invitational
PSAC Championships
Shamrock Invitational

400-METER HURDLES

NAME	TIME/PLACE	DATE
Keith Ogden	52.74/3 rd	5/5/12
Keith Ogden	53.18/3 rd	5/12/12
Keith Ogden	53.32/11 th	3/31/12
Keith Ogden	53.71/19 th	4/27/12
Keith Ogden	53.79/(P)	5/4/12

MEET

PSAC Championships
Virginia Challenge
Raleigh Relays ^&
Penn Relays
PSAC Championships

800-METER RUN

NAME	TIME/PLACE	DATE
Kevin DiFlorio	1:55.54/15 th	5/4/12
Kevin DiFlorio	1:56.22/30 th	4/15/12
Kevin DiFlorio	1:57.77/25 th	3/17/12
Andrew Mussleman	2:01.95/44 th	3/17/12
Devonte King	2:03.84/14 th	4/21/12

MEET

PSAC Championships
Bison Outdoor Classic ^
Shamrock Invitational
Shamrock Invitational
Mason-Dixon Invitational

1,500-METER RUN

NAME	TIME/PLACE	DATE
Kevin DiFlorio	4:02.76/61 st	4/14/12
Seth Hibbs	4:04.74/2 nd	3/24/12

MEET

Bison Outdoor Classic ^
Golden Ram Invitational

Kevin DiFlorio	4:06.79/9 th	4/7/12	Millersville Metrics
Seth Hibbs	4:07.22/23 rd	4/28/12	Paul Kaiser Classic
Bradley Slaughter	4:09.01/12 th	4/7/12	Millersville Metrics
1-MILE RUN	TIME/PLACE	DATE	MEET
James McBride	4:28.36/2 nd	4/21/12	Mason-Dixon Invitational
Matt Taylor	4:40.21/14 th	4/21/12	Mason-Dixon Invitational
Seth Hibbs	4:45.41/21 st	4/21/12	Mason-Dixon Invitational
Ben Morrison	4:47.45/24 th	4/21/12	Mason-Dixon Invitational
Nick Haniffee	4:54.05/30 th	4/21/12	Mason-Dixon Invitational
3,000-METER RUN	TIME/PLACE	DATE	MEET
Connor Veres	8:51.08/3 rd	4/28/12	Paul Kaiser Classic
Zach Mains	9:00.52/5 th	4/28/12	Paul Kaiser Classic
Chris Brandt	9:46.10/12 th	4/7/12	Millersville Metrics
3,000-METER STEEPLE	TIME/PLACE	DATE	MEET
Connor Veres	10:17.80/7 th	4/7/12	Millersville Metrics ^
5,000-METER RUN	TIME/PLACE	DATE	MEET
James McBride	15:02.51/21 st	4/26/12	Penn Relays ^
James McBride	15:08.04/3 rd	5/4/12	PSAC Championships
Connor Veres	15:24.76/75 th	4/14/12	Bison Outdoor Classic ^
Zach Mains	15:28.00/85 th	4/14/12	Bison Outdoor Classic ^
Brad Slaughter	15:28.90/87 th	4/14/12	Bison Outdoor Classic ^
10,000-METER RUN	TIME/PLACE	DATE	MEET
James McBride	31:19.76/4 th	5/3/12	PSAC Championships
James McBride	31:59.04/2 nd	3/16/12	Shamrock Invitational ^
Zach Mains	32:47.66/4 th	4/7/12	Millersville Metrics ^
Connor Veres	32:35.86/14 th	5/3/12	PSAC Championships
Connor Veres	32:54.10/9 th	3/16/12	Shamrock Invitational ^
4 x 100-METER RELAY	TIME/PLACE	DATE	MEET
Wexler, Adamski, Haygood, Langston	43.15/3 rd	4/28/12	Paul Kaiser Classic
Millersville 'A'	43.51/7 th	4/7/12	Millersville Metrics
Robinson, Haygood, Fields, Langston	43.89/22 nd	3/17/12	Shamrock Invitational
4 x 200-METER RELAY	TIME/PLACE	DATE	MEET
Haygood, Jackson, Robinson, Wexler	1:31.67/14 th	3/16/12	Shamrock Invitational
4 x 400-METER RELAY	TIME/PLACE	DATE	MEET
Jackson, Ogden, DiFlorio, Grinev	3:22.35/11 th	5/5/12	PSAC Championships
Ogden, Grinev, DiFlorio, Jackson	3:22.83/6 th	4/28/12	Penn Relays
Millersville 'A'	3:24.57/3 rd	4/7/12	Millersville Metrics
Jackson, Grinev, Haygood, Scanlin	3:30.29/2 nd	3/24/12	Golden Ram Invitational
Millersville 'B'	3:36.60/17 th	4/7/12	Millersville Metrics
HIGH JUMP	BEST/PLACE	DATE	MEET
Zach Kohler	1.95 m/1 st	4/6/12	Millersville Metrics #^
Zach Kohler	1.93 m/4 th	3/15/12	Shamrock Invitational #
Zach Kohler	1.90 m/3 rd	5/4/12	PSAC Championships
Zach Kohler	1.90 m/3 rd	4/28/12	Paul Kaiser Classic
Zach Kohler	1.89 m/4 th	5/3/12	PSAC Championships
LONG JUMP	BEST/PLACE	DATE	MEET

Melvin Fields	6.43 m/16 th	4/28/12	Paul Kaiser Classic
Zach Kohler	6.31 m/5 th	5/3/12	PSAC Championships
Zach Kohler	6.21 m/3 rd	4/6/12	Millersville Metrics #
Steve Eister	6.14 m/24 th	4/28/12	Paul Kaiser Classic
Zach Kohler	6.08 m/10 th	3/15/12	Shamrock Invitational #
TRIPLE JUMP	BEST/PLACE	DATE	MEET
Melvin Fields	12.81 m/8 th	4/7/12	Millersville Metrics
Melvin Fields	12.28 m/2 nd	4/21/12	Mason-Dixon Invitational
POLE VAULT	BEST/PLACE	DATE	MEET
Zach Kohler	4.05 m/3 rd	5/4/12	PSAC Championships #
Zach Kohler	3.81 m/1 st	4/21/12	Mason-Dixon Invitational
Zach Kohler	3.75 m/2 nd	4/7/12	Millersville Metrics #
Zach Kohler	3.65 m/T-7 th	3/16/12	Shamrock Invitational #
HAMMER THROW	BEST/PLACE	DATE	MEET
Justin Berg	49.78 m/7 th	5/4/12	PSAC Championships
Justin Berg	48.13 m/6 th	4/28/12	Paul Kaiser Classic ^
Justin Berg	46.64 m/1 st	4/21/12	Mason-Dixon Invitational
Justin Berg	46.64 m/20 th	3/16/12	Shamrock Invitational
Justin Berg	45.51 m/7 th	4/7/12	Millersville Metrics
SHOT PUT	BEST/PLACE	DATE	MEET
Zach Kohler	11.34 m/4 th	5/3/12	PSAC Championships
Zach Kohler	10.46 m/4 th	4/6/12	Millersville Metrics #
Zach Kohler	10.36 m/12 th	3/15/12	Shamrock Invitational #
DISCUS	BEST/PLACE	DATE	MEET
Zach Kohler	34.83 m/23 rd	4/28/12	Paul Kaiser Classic
Zach Kohler	31.08 m/7 th	5/4/12	PSAC Championships #
Zach Kohler	29.75 m/3 rd	4/7/12	Millersville Metrics #
Zach Kohler	29.63 m/19 th	3/24/12	Golden Ram Invitational
Justin Berg	28.74 m/29 th	4/7/12	Millersville Metrics
JAVELIN THROW	BEST/PLACE	DATE	MEET
Tristan Conrad	52.45 m/8 th	4/7/12	Millersville Metrics
Tristan Conrad	49.90 m/13 th	4/28/12	Paul Kaiser Classic
Tristan Conrad	48.82 m/29 th	3/16/12	Shamrock Invitational
Tristan Conrad	46.31 m/19 th	4/14/12	Bison Outdoor Classic
Tristan Conrad	45.96 m/7 th	4/21/12	Mason-Dixon Invitational
DECATHLON	POINTS/PLACE	DATE	MEET
Zach Kohler	6,227 pts/4 th	5/4/12	PSAC Championships #
Zach Kohler	5,856 pts/1 st	4/7/12	Millersville Metrics #
Zach Kohler	5,699 pts/6 th	3/16/12	Shamrock Invitational #

Key: * - Millersville Record
^ - PSAC Outdoor Championships Qualifying Time
@ - NCAA Division II Outdoor Championships Qualifier
& - NCAA Division II Outdoor Championships Provisional Qualifier
(P) - Preliminaries
(F) – Finals
- Decathlon



2012 Men's Outdoor Track & Field Top Performances
(by individual)

ANTHONY ADAMSKI (Sr., Sprints, Etters/Red Land)

EVENT	TIME/PLACE	DATE	MEET
100-Meter Dash	11.44/25 th	4/15/12	Bison Outdoor Classic
200-Meter Dash	22.88/22 nd	4/15/12	Bison Outdoor Classic
4x100-Meter Relay	43.15/3 rd	4/28/12	Paul Kaiser Classic

JUSTIN BERG (Fr., Throws, Phoenixville/Spring-Ford)

EVENT	TIME/PLACE	DATE	MEET
Hammer Throw	49.78 m/7 th	5/4/12	PSAC Championships
Discus	28.74 m/29 th	4/7/12	Millersville Metrics

CHRIS BRANDT (So., Distance, Danville/Danville)

EVENT	BEST/PLACE	DATE	MEET
1,500-Meter Run	4:17.54/9 th	3/24/12	Golden Ram Invitational
3,000-Meter Run	9:46.10/12 th	4/7/12	Millersville Metrics
5,000-Meter Run	16:03.28/8 th	4/28/12	Paul Kaiser Classic

TRISTAN CONRAD (So., Throws, Selinsgrove/Selinsgrove Area)

EVENT	BEST/PLACE	DATE	MEET
Javelin Throw	52.45 m/8 th	4/7/12	Millersville Metrics

KEVIN DiFLORIO (So., Distance, Horsham/Hatboro-Horsham)

EVENT	TIME/PLACE	DATE	MEET
400-Meter Dash	53.92/24 th	3/24/12	Golden Ram Invitational
800-Meter Run	1:55.54/15 th	5/4/12	PSAC Championships
1,500-Meter Run	4:02.76/61 st	4/14/12	Bison Outdoor Classic ^
4x400-Meter Relay	3:22.35/11 th	5/5/12	PSAC Championships

STEVEN EISTER (So., Jumps, Perkasio/Pennridge)

EVENT	BEST/PLACE	DATE	MEET
Long Jump	6.14 m/24 th	4/28/12	Paul Kaiser Classic

MELVIN FIELDS (So., Sprints/Jumps, Philadelphia/Girard College)

EVENT	BEST/PLACE	DATE	MEET
100-Meter Dash	11.99/27 th	4/7/12	Millersville Metrics
4x100-Meter Relay	43.89/22 nd	3/17/12	Shamrock Invitational
Long Jump	6.43 m/16 th	4/28/12	Paul Kaiser Classic
Triple Jump	12.81 m/8 th	4/7/12	Millersville Metrics

QUINN FRY (So., Throws, Montgomery/Montgomery)

EVENT	BEST/PLACE	DATE	MEET
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RYAN GRIFFITH (Jr., Sprints/Hurdles, Denver/Cocalico)

EVENT	BEST/PLACE	DATE	MEET
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100-Meter Dash	12.05/30 th	4/7/12	Millersville Metrics
110-Meter Hurdles	15.67/11 th	4/15/12	Bison Outdoor Classic ^
200-Meter Dash	24.67/14 th	3/24/12	Golden Ram Invitational

SERGEY GRINEV (Fr., Mid-Distance, Newmanstown/ELCO)

EVENT	TIME/PLACE	DATE	MEET
100-Meter Dash	11.85/18 th	4/7/12	Millersville Metrics
200-Meter Dash	23.01/9 th	4/28/12	Paul Kaiser Classic
400-Meter Dash	50.65/8 th	3/24/12	Golden Ram Invitational ^
400-Meter Hurdles	55.24/11 th	5/4/12	PSAC Championships
4x400-Meter Relay	3:22.35/11 th	5/5/12	PSAC Championships

PETER HAFER (Sr., Throws, Fleetwood/Oley Valley)

EVENT	BEST/PLACE	DATE	MEET
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NICK HANIFEE (So., Distance, Cecilton, Md./Bohemia Manor)

EVENT	TIME/PLACE	DATE	MEET
800-Meter Run	2:18.64/32 nd	3/24/12	Golden Ram Invitational
1,500-Meter Run	4:37.28/28 th	3/24/12	Golden Ram Invitational
1-Mile Run	4:54.05/30 th	4/21/12	Mason-Dixon Invitational
5,000-Meter Run	16:57.86/39 th	3/16/12	Shamrock Invitational
10,000-Meter Run	35:34.14/13 th	4/7/12	Millersville Metrics

TAYON HAYGOOD (Fr., Sprints/Jumps)

EVENT	TIME/PLACE	DATE	MEET
100-Meter Dash	11.53/90 th	3/16/12	Shamrock Invitational
200-Meter Dash	23.15/20 th	4/7/12	Millersville Metrics
400-Meter Dash	52.80/74 th	3/17/12	Shamrock Invitational
4x100-Meter Relay	43.15/3 rd	4/28/12	Paul Kaiser Classic
4x200-Meter Relay	1:31.67/14 th	3/16/12	Shamrock Invitational
4x400-Meter Relay	3:30.29/2 nd	3/24/12	Golden Ram Invitational

SETH HIBBS (Jr., Distance, Hatboro/Hatboro-Horsham)

EVENT	TIME/PLACE	DATE	MEET
800-Meter Run	2:07.99/59 th	4/28/12	Paul Kaiser Classic
1,500-Meter Run	4:04.74/2 nd	3/24/12	Golden Ram Invitational
1-Mile Run	4:45.41/21 st	4/21/12	Mason-Dixon Invitational

CHRIS JACKSON JR. (So., Sprints/Hurdles, Conshohocken/Plymouth Whitemarsh)

EVENT	TIME/PLACE	DATE	MEET
400-Meter Dash	52.19/14 th	3/24/12	Golden Ram Invitational
400-Meter Hurdles	57.67/7 th	4/28/12	Paul Kaiser Classic ^
4x200-Meter Relay	1:31.67/14 th	3/16/12	Shamrock Invitational
4x400-Meter Relay	3:22.35/11 th	5/5/12	PSAC Championships

DEVONTE KING (Fr., Distance, Lancaster/J.P. McCaskey)

EVENT	TIME/PLACE	DATE	MEET
400-Meter Dash	55.04/27 th	3/24/12	Golden Ram Invitational
800-Meter Run	2:03.84/14 th	4/21/12	Mason-Dixon Invitational

ZACH KOHLER (Sr., Multis/Jumps, Green Lane/Pennridge)

EVENT	BEST/PLACE	DATE	MEET
100-Meter Dash	11.73/10 th	5/3/12	PSAC Championships #
110-Meter Hurdles	16.06/5 th	5/4/12	PSAC Championships #

400-Meter Dash	52.41/8 th	5/3/12	PSAC Championships #
1,500-Meter Run	4:45.81/10 th	5/4/12	PSAC Championships #
High Jump	1.95 m/1 st	4/6/12	Millersville Metrics #^
Long Jump	6.31 m/5 th	5/3/12	PSAC Championships
Pole Vault	4.05 m/3 rd	5/4/12	PSAC Championships #
Shot Put	11.34 m/4 th	5/3/12	PSAC Championships
Discus	34.83 m/23 rd	4/28/12	Paul Kaiser Classic
Javelin Throw	39.74 m/10 th	3/16/12	Shamrock Invitational #
Decathlon	6,227 pts/4 th	5/4/12	PSAC Championships #

ANDREW LANGSTON (Fr., Sprints, Jacobus/Dallastown)

EVENT	TIME/PLACE	DATE	MEET
100-Meter Dash	10.93/10 th	5/4/12	PSAC Championships
200-Meter Dash	22.79/11 th	4/7/12	Millersville Metrics ^
4x100-Meter Relay	43.15/3 rd	4/28/12	Paul Kaiser Classic

ZACH MAINS (So., Distance, Coatesville/Coatesville)

EVENT	BEST/PLACE	DATE	MEET
800-Meter Run	2:12.52/24 th	3/24/12	Golden Ram Invitational
1,500-Meter Run	4:19.93/12 th	3/24/12	Golden Ram Invitational
5,000-Meter Run	15:28.00/85 th	4/14/12	Bison Outdoor Classic ^
10,000-Meter Run	3332:47.66/4 th	4/7/12	Millersville Metrics ^

JAMES McBRIDE (Jr., Distance, Wrightsville/Eastern York)

EVENT	TIME/PLACE	DATE	MEET
1-Mile Run	4:28.36/2 nd	4/21/12	Mason-Dixon Invitational
5,000-Meter Run	15:02.51/21 st	4/26/12	Penn Relays ^
10,000-Meter Run	31:19.76/4 th	5/3/12	PSAC Championships

BEN MORRISON (Sr., Distance, Lancaster/Lancaster Mennonite)

EVENT	BEST/PLACE	DATE	MEET
800-Meter Run	2:11.61/21 st	3/24/12	Golden Ram Invitational
1,500-Meter Run	4:41.79/30 th	3/24/12	Golden Ram Invitational
1-Mile Run	4:47.45/24 th	4/21/12	Mason-Dixon Invitational
5,000-Meter Run	16:14.77/10 th	4/28/12	Paul Kaiser Classic

ANDREW MUSSLEMAN (Sr., Distance, New Providence/Solanco)

EVENT	TIME/PLACE	DATE	MEET
400-Meter Dash	53.69/22 nd	3/24/12	Golden Ram Invitational
800-Meter Run	2:01.95/44 th	3/17/12	Shamrock Invitational

KEITH OGDEN JR. (Sr., Sprints/Hurdles, Wyncote/Cheltenham)

EVENT	TIME/PLACE	DATE	MEET
200-Meter Dash	22.25/1 st	4/21/12	Mason-Dixon Invitational ^
400-Meter Hurdles	52.74/3 rd	5/5/12	PSAC Championships
4x400-Meter Relay	3:22.35/11 th	5/5/12	PSAC Championships

MICHAEL PARKER (Jr., Distance, Reedsville/Indian Valley)

EVENT	TIME/PLACE	DATE	MEET
5,000-Meter Run	16:03.14/7 th	4/28/12	Paul Kaiser Classic
10,000-Meter Run	33:50.55/14 th	3/16/12	Shamrock Invitational

JEFF ROBINSON (Jr., Sprints, Philadelphia/Freire Charter)

EVENT	BEST/PLACE	DATE	MEET
200-Meter Dash	22.31/9 th	5/4/12	PSAC Championships

4x100-Meter Relay	43.89/22 nd	3/17/12	Shamrock Invitational
4x200-Meter Relay	1:31.67/14 th	3/16/12	Shamrock Invitational

JACK SCANLIN (Jr., Multis/Sprints, Bristol/Conwell-Egan Catholic)

EVENT	TIME/PLACE	DATE	MEET
200-Meter Dash	23.87/9 th	3/24/12	Golden Ram Invitational
400-Meter Dash	55.69/38 th	4/7/12	Millersville Metrics
4x400-Meter Relay	3:30.29/2 nd	3/24/12	Golden Ram Invitational

BRADLEY SLAUGHTER (So., Distance, East Earl/Garden Spot)

EVENT	TIME/PLACE	DATE	MEET
1,500-Meter Run	4:09.01/12 th	4/7/12	Millersville Metrics
5,000-Meter Run	15:28.90/87 th	4/14/12	Bison Outdoor Classic ^
10,000-Meter Run	34:12.86/16 th	3/16/12	Shamrock Invitational

MATT TAYLOR (Fr., Distance, Lancaster/Hempfield)

EVENT	BEST/PLACE	DATE	MEET
1,500-Meter Run	4:21.33/15 th	3/24/12	Golden Ram Invitational
1-Mile Run	4:40.21/14 th	4/21/12	Mason-Dixon Invitational
5,000-Meter Run	16:06.82/9 th	4/28/12	Paul Kaiser Classic

CONNOR VERES (So., Distance, Easton/Easton)

EVENT	TIME/PLACE	DATE	MEET
3,000-Meter Run	8:51.08/3 rd	4/28/12	Paul Kaiser Classic
3,000-Meter Steeplechase	10:17.80/7 th	4/7/12	Millersville Metrics ^
5,000-Meter Run	15:24.76/75 th	4/14/12	Bison Outdoor Classic ^
10,000-Meter Run	32:35.86/14 th	5/3/12	PSAC Championships

THOMAS WEXLER (Fr., Sprints, Egg Harbor Township/Egg Harbor Township)

EVENT	TIME/PLACE	DATE	MEET
100-Meter Dash	11.56/94 th	3/16/12	Shamrock Invitational
200-Meter Dash	22.89/16 th	4/7/12	Millersville Metrics
4x100-Meter Relay	43.15/3 rd	4/28/12	Paul Kaiser Classic
4x200-Meter Relay	1:31.67/14 th	3/16/12	Shamrock Invitational

MARQUIS WHITE (Fr., Sprints, Philadelphia/Constitution)

EVENT	BEST/PLACE	DATE	MEET
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Key: * - Millersville Record
 ^ - PSAC Outdoor Championships Qualifying Time
 @ - NCAA Division II Outdoor Championships Qualifier
 & - NCAA Division II Outdoor Provisional Qualifier
 #- Decathlon
 (P) - Preliminaries
 (F) - Finals



2012 Men's Outdoor Track & Field Schedule/Results

DATE	MEET	LOCATION	TIME/RESULT
3/15-17	Shamrock Invitational	Carson, S.C.	NTF
3/24	Golden Ram Invitational	West Chester, Pa.	NTF
3/30-31	Raleigh Relays	Raleigh, N.C.	NTF
4/6-7	Millersville Metrics & Combined Events	Millersville, Pa.	NTF
4/14-15	Bison Outdoor Classic	Lewisburg, Pa.	NTF
4/21	Mason-Dixon Invitational	Gettysburg, Pa.	4 th /10
4/26-27	Penn Relays	Philadelphia, Pa.	NTF
4/28	Paul Kaiser Classic	Shippensburg, Pa.	NTF
5/3-5	PSAC Championships	Bloomsburg, Pa.	10 th /13 (29 pts)
5/12	Virginia Challenge	Charlottesville, Va.	NTF